

Reflections on College Students' Class Participation in Erbil City

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Abstract: Class participation is an important aspect of student learning. Classroom time is a golden opportunity for students to speak up and learn to express their ideas however, the vast majority of students struggle and are reluctant to participate which is linked to a variety of factors. This study was conducted among college students, to identify the effects of students' self-related and external factors on their participation, whether there is a difference between the level of participation and the factors impacting it, among students of different universities. Our study demonstrated that, among all students, 66% are participating. The level of preparation is positively correlated with the frequency of participation as 87.5% of students who are fully prepared before class session participate, while only 54% of those who are not prepared are participating. Students whom their colleges evaluate them based on their class participation are more likely to participate than those students whom their colleges don't (92% vs. 60.7%). The most common factor affecting student class participation is level of preparation before lectures followed by approach of college for their evaluation. The highest level of participation is among students of HMU followed by students of Tishk International University, and the lowest level of involvement is at Salahadin University.

Keywords: Class Participation, College Students, Reason, Motivation

1. Introduction

Classroom participation is a crucial element of producing positive learning outcomes and further developmental of student's abilities. When students take an active part in classroom participation, they learn more because preparation for participation leads to proper absorb of information and improvement of engagement in greater thinking abilities. Therefore, active participation plays a crucial role in students' educational success. Personal development is another benefit of active participation; students obtain the enjoyment of sharing their ideas with others, that they report high satisfaction. Also, active participation develop their critical thinking ability and self-motivation. Students struggle with participation due to factors related to their personal traits, and the formal and informal structures of the classroom environment.

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The amount of preparation the student does before class can have an important impact. This could be due to that preparation can have an indirect effect by influencing students' confidence and fears. Beside preparation, self-motivation in a part of the students can also have a positive influence. With these all-positive effects and benefits associated with participation, why do so many students remain silent and don't participate? Do they have a problem preventing them from participation? This research aims to determine factors and their effectiveness in influencing undergraduate students' participation, in three different universities of Erbil in Kurdistan region. Although the benefits of participation have been researched quite extensively over the past years, less is known about the classroom dynamic of young adults (Fassinger, 2000). Furthermore, only few studies have investigated classroom participation from the perspective of students, or attempted to discover why some students do not participate even participation is encouraged. Exploring classroom participation from students' perspective and viewpoint is extremely important as it provides a firsthand account and insight into their feelings and perceptions. The students' perceptions are their own realities in experiencing classroom participation. This study aims to determine factors and their effectiveness in influencing undergraduate students' participation in three different universities of Erbil in the Kurdistan region.

2. Literature Review

According to the research studies, countless factors need to be taken into account that influence participation level in the classroom to find out the appropriate mix of strategies for raising student's participation level.

Teacher's behavior: A teacher's tone with a student is also of importance when looking at classroom participation. If teachers are constantly negative towards students, criticize them, and ignore them, students are less likely to participate within the classroom (Wade, 1994). Passionate teachers have a motivating factor. Passion not only pushes teachers to teach effectively but also allows them to pay more attention and have an active role in classroom (Mart, 2013a; Mart, 2013b; Altun, 2017). According Altun's experience teachers contribute to their professional development in promoting student-centered approach of teaching, which result in expanding of classroom participation (Altun, 2015).

Student traits: Students differ in personalities and not everybody is the same. It is believed that confidence is a key trait that students struggle with that directly influence participation (Weaver & Qi, 2005). Wade added the only way to engage students in classroom discussions is making them feel what they have to say is important and interesting. In other remarks having influence on participation are students dealing with classroom apprehension. Neer and Kircher (1989) found that students felt more comfortable practicing only after they become familiar with their peers and therefore felt at ease in expressing themselves. Furthermore, lack of confidence in language abilities lower the level of participation. As students who are not native English speakers are less likely to participate in classroom discussions (Tatar, 2005). However, Mack (2012) stressed on social inclusion and concluded that "oral participation evokes feelings of power and powerlessness" Mack believes that students who don't participate tend to feel excluded and ignored by their peers.

Preparation for class: Fear of not having sufficient knowledge is an issue many students face (Weaver & Qi, 2005). Research shows that some students who did not prepare on subject matter before coming to class, reported to not to be participating in class (Howard, 2002). As Wambsganss and Reinsch states student's confidence is tied to their preparation for class, students are worried about not being well informed on subject matter and therefore of being criticized by both their peers and teachers (Reinsch & Wambsganss, 1994).

Classroom size: In small classrooms higher level of participation has been recorded on account of providing students comfort with intimate setting that reduces student's anxiety (Myers, 2009). In larger classrooms students feel relatively anonymous and have higher level of fear as they need to contribute in front a larger group of students. Weaver and Qi added that time allocated for discussion in classrooms over 40 students is not sufficient, therefore students' extent for contributing to discussions is limited (Weaver & Qi, 2005).

Evaluation: Grading method can be a meaningful way to promote level of participation. Students are more likely to participate due to the positive impact that participation has on their grades (Fassinger, 2000).

In addition to these external factors there are comprise of internal factors such as student's motivation, interests, abilities, inclination, and previous knowledge.

3. Definitions

There are a number of studies attempting to define classroom participation including "any comments or questions that students offered or raised in class" (Fassinger, 2000). Fritschner (2000) outlines participation in terms of 'non talkers' who participate through being prepared for class, attendance, doing their assignments, listen actively, likewise 'talkers' who prefer 'speaking out in class'. More recently, Heyman and Sailors (2011) describe classroom participation as 'a form of active learning in which students publicly discuss the course material'. These definitions mainly focus on quantitative evaluation of participation without considering the quality of the student's responses. Possibly as a result of the difficulty in measuring what a quality response consists of. And because the result maybe subjective. More holistic definition that includes the quality of discussion with equal respect within group work is stated by Dancer and Kamvounias (2005) who divided participation process into five categories: preparation, collaborative skills, communication skills, contribution to discussion and attendance.

4. Factors Affecting Classroom Participation Level

Participation plays an essential role in a student's positive learning outcomes, the advantages consist of improving their communication skills (Fassinger, 2000), becoming critical thinkers (Wade, 1994), exhibiting their understanding of curriculum and develop logical arguments with their peers (Rocca, 2010). Several factors directly or indirectly influence student's participation. Myers states (2015) that "communication is the key to personal and carrier success". Therefore, it is essential for educators to determine the factors that positively affect the level of student's participation. This ensures education

progress for all students to be equal opportunity in developing their communication and their knowledge demonstration.

5. Methods and Study Design

The study design is cross-sectional, and the data were collected from 349 students from three different universities (Tishk, Salahaddin and HMU), and the consecutive method of sampling was used for data collection using a structured questionnaire. The study was carried out from 4th February 2021 to 24th March 2021. The data were analyzed using SPSS and Microsoft Excel.

5.1 Study Setting

This study was conducted in Hawler (Erbil), capital of regional government of the Kurdistan region and is the 4th largest city in Iraq. Data was collected from: Tishk International University/college of education, college of engineering, HMU/college of medicine, college of dentistry, and Salahaddin University/college of engineering.

5.2 Pilot Study

A pilot study was conducted in HMU that included 16 students in two different stages to test the questionnaire's initial version. The pilot cases were not included in the final sample due to difference in the questionnaire.

5.3 Sampling and Sample Size

Consecutive sampling was used to collect data from 349 college students in three different universities, 125 samples from Tishk International University, 110 from HMU and 110 from Salahaddin University. Six colleges were chosen because of different approaches of their system for evaluating students based on their participation. We used online sample size calculator to calculate the sample of 349 students, this number was needed to be representative to all college students.

5.4 Data Collection

Data was collected from the students of six colleges from three different universities using a structured questionnaire which included questions about students' self-related and environmental factors affecting level and frequency of participation, demographical data and a free space for the student's comments. The questionnaires were distributed and attempted to be divided evenly between males and females.

5.5 Statistical Methods

In this study to test whether two or more observation across different population are dependent on each other and know the level of significant Chi square test and correlation were used. The computer programs that were used for data analysis are SPSS 23, Microsoft Excel 2010. The p-value of ≤ 0.05 was used as statistically significant.

5.6 Ethical Considerations

We took verbal consent from each student before providing them the questionnaires, all of them participated voluntarily. We explained the study's aims and objectives and told them if they wanted to know the results, we would be ready to provide them when the study finished.

6. Results

6.1 Sample Description

Out of 349 students 346 of them filled the questionnaire with a response rate of 99.1%. Table 1 shows the basic demographic data of the students. Age is grouped into three different groups, the percentage of students in each age group is descriptive of the college students' age, more than half of students (55.3%) were aged between 21-24 years old, 42.3% are 20 years or below.

Males and females were tried to be evenly included, 53.6% of participants are females. In HMU and Salahaddin University the same size of sample was included, 110 students, and in Tishk International University 125 samples. From these Universities, different stages were included; more than half of students are from 3rd and 4th stages, 17%, and 37% respectively, 26.2% are in 2nd, 14.1% in 5th and the minority are in 1st stage 5.1%. Three quarters of students are inside Erbil, with the remaining living outside. A small percentage of students been chosen, have a job beside their study 15.4%, and only 2.6% of all samples are married.

Table 1: Demographic Characteristics of the students

Variables	No.	%
Age		
≤20	147	42.3
21-24	192	55.3
≥25	8	2.3
Gender		
Male	160	46.3
Female	185	53.6
University		
HMU	110	31.8
Tishk	125	36.2

Variables	No.	%
Salahadin	110	31.8
College		
Education	124	35.9
Medicine	52	15
Engineering	159	46
Others	10	2.8
Stage		
1 st	17	5.1
2 nd	87	26.2
3 rd	57	17.2
4 th	123	37.1
5 th	47	14.1
Residency		
Inside Erbil	256	74.4
Outside Erbil	88	25.6
Part-time job		
Have a job	53	15.4
Don't have a job	291	84.5
Marital state		
Married	9	2.6
Unmarried	336	97.3

6.2 Different Factors Affecting Participation

Table 2 shows levels of effectiveness of different factors on student participation. Overall, about two-thirds (66.5%) of students are participating. We found that the most influential factor is student preparation before the lecture, as students who are fully prepared before the class session showed the highest rate of participation, 87.5%, followed by those who are partially prepared 76.9%, while students who don't prepare showed the least rate of participation 54.2%, and this result is statistically significant ($p < 0.001$).

The second commonest factor influencing participation is college matching students' interest, those whom their college matches their wishes, 72.9% are participating ($p = 0.001$). Gender also impacts on participation with males being more likely to participate than females (70% vs. 60%) with p value of 0.014. Student's involvement in class discussion is also related to their college curriculum and evaluating them based on participation, 72.9% of students whom are being evaluated are participating and only 60.8% of those who are not evaluated. Sitting position in the classroom showed an important relation with participation. There is statistically significant difference between sitting position and participation rate of students ($p < 0.001$) as students who sit in front rows recorded highest level of participating 77.4%, followed by 71.7% of students who sit in the middle rows. Students who do not sit in a constant sitting position are participating 62.3%, and those who are sitting in the back rows have the least participation rate 50%. Another factor which appeared to have role on students' participation is the lecturer's attitude toward students. Those students whom their lecturer support them and demonstrate positive environment for participation, showed higher level of participation than those whom their lecturer don't encourage their participation, (73.1% vs. 52.2%), $p < 0.001$. Our study demonstrated that other factors as reading books, secondary school type based on gender, job, residency, and marital state and having bad experience with participation relatively have low or no effect on participation with p -value of 0.0727, 0.159, 0.259, 0.378, 0.482, and 0.740 respectively.

Table 2: Correlation between different factors and participation of students

Variables	Participating		Not participating		p-value
	No.	(%)	No.	(%)	
Colleges match wishes					
College matches wishes	153	72.9	57	27.1	0.001
College doesn't match wishes	73	55.7	58	44.3	
Total	226	66.3	115	33.7	
Evaluation					
Yes	105	72.9	39	27.1	0.02
No	118	60.8	76	39.2	

Variables	Participating		Not participating		p-value
	No.	(%)	No.	(%)	
Total	223	66.0	115	34.0	
Preparation					
Fully prepared	21	87.5	3	12.5	<0.001
Partially prepared	113	76.9	34	23.1	
Not prepared	90	54.2	76	45.8	
Total	224	66.5	113	33.5	
Sitting position					
Front rows	65	77.4	19	22.6	<0.001
Middle rows	81	71.7	32	28.3	
Back rows	44	50.0	44	50.0	
Not constant rows	33	62.3	20	37.7	
Total	223	66.0	115	34.0	
Lecturer effect					
Positive	163	73.1	60	26.9	<0.001
Negative	59	52.2	54	47.8	
Total	222	66.1	114	33.9	
School type					
Boys	57	73.1	21	26.9	0.159
Girls	66	60.0	44	40.0	
Mixed	104	67.5	50	32.5	
Total	227	66.4	115	33.6	
Marital state					

Variables	Participating		Not participating		p-value
	No.	(%)	No.	(%)	
Married	5	55.6	4	44.4	0.482
Unmarried	223	66.8	111	33.2	
Total	228	66.5	115	33.5	
Residency					
Inside Erbil	174	68.0	82	32.0	0.378
Outside Erbil	54	62.8	34	37.2	
Total	228	66.7	114	33.3	
Part time job					
Have a job	38	73.08	14	26.9	0.259
Not have a job	188	65.1	101	34.9	
Total	226	66.3	115	33.7	
Gender					
Male	117	73.1	43	26.9	0.014
Female	111	60.7	72	39.3	
Total	228	66.5	115	33.5	
Negative experience					
Faced	87	65.4	48	34.6	0.740
Not faced	139	67.0	68	33.0	
Total	226	66.5	114	33.5	
No. of book reading/year					
0	73	59.4	50	40.6	0.0727

Variables	Participating		Not participating		p-value
	No.	(%)	No.	(%)	
1-9	114	73.1	42	26.9	
10-19	21	75.0	7	25.0	
≥20	11	61.1	7	38.9	
Total	219	67.4	106	32.6	

The following figures demonstrate the role and effectiveness of different factors on student’s participation among three universities. Tishk, HMU, and Salahaddin, out of five factors, we discovered that, all of them appear more likely to have little or no effect on participation of most of the student’s participation, but still a significant number of students have been affected by one or more factors. Being not interested in the lecture is the most prevalent factor among all three universities as its negative effect on participation seen in 48.6% of Salahadin, 38.8% of HMU and 32.2% of Tishk students (Figure 1).

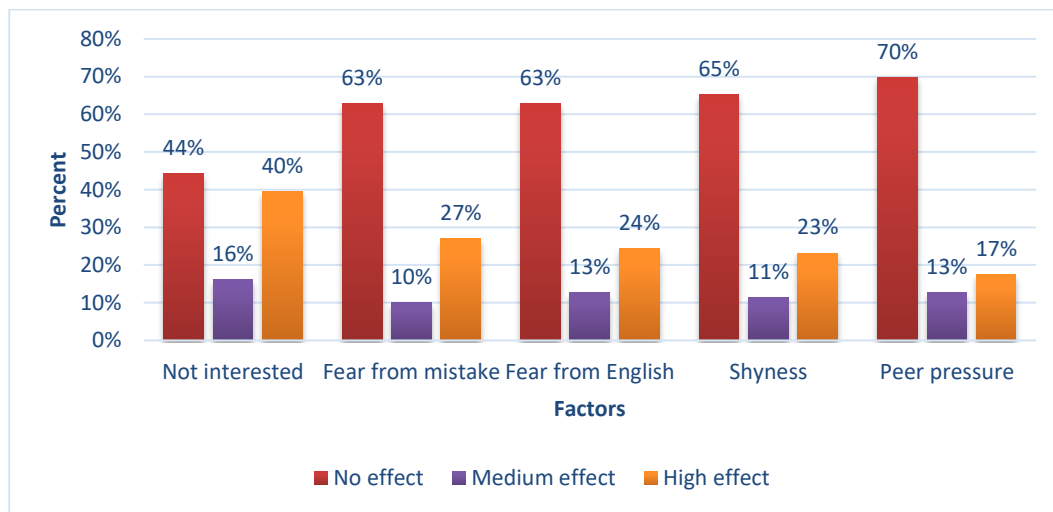


Figure 1: Frequency of factors affecting students’ participation

In HMU 35.4% and in Salahaddin 29.3% of students are struggling to participate due to their fear from making mistakes in front of their lecturer and peers making it second most effective factor among students of the two universities, while in Tishk International University this factor is the third effective one preventing them to participate 18.3% as shown by Figure 1. Fear from English language mistakes has also negatively influenced the participation of many students with highest frequency in Salahaddin University 28.3%, followed by HMU 23.5% and Tishk International University 21.8%.

Shyness has also impeded participation with the highest effectiveness among HMU students 26.5%, making it the third commonest factor reducing their involvement in class discussions, followed by those in Salahaddin 25.5% and Tishk 18.5%. As shown by all three figures, the only external factor is peer pressure, the least common factor that affects a small number of students in all three universities, with highest effectiveness and frequency among Salahaddin University students 21.7%, followed by Tishk International University 17.6% and HMU 12.4%.

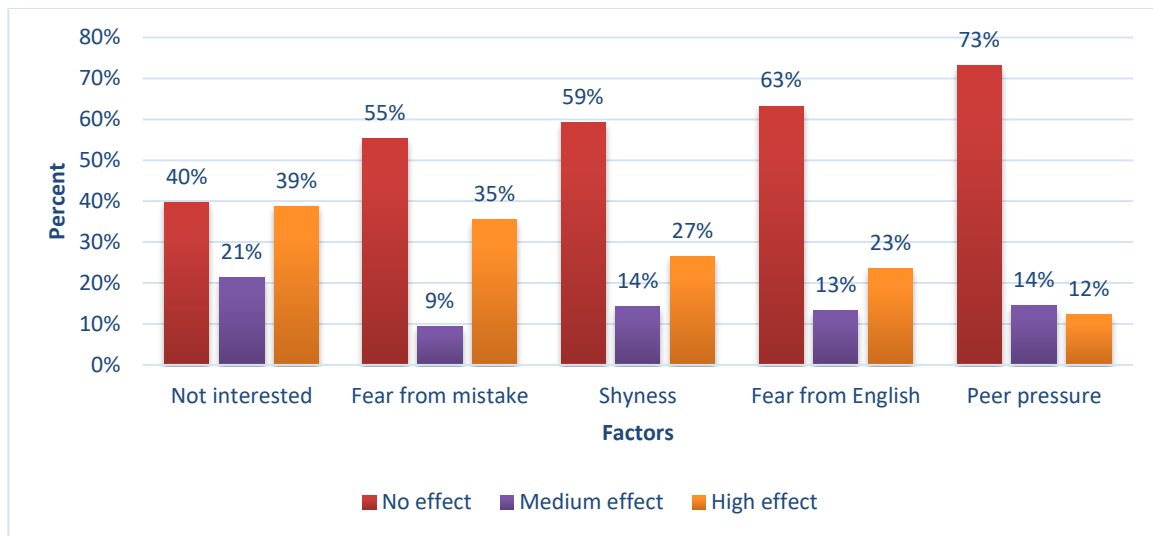


Figure 2: Frequency of factors affecting HMU students' participation

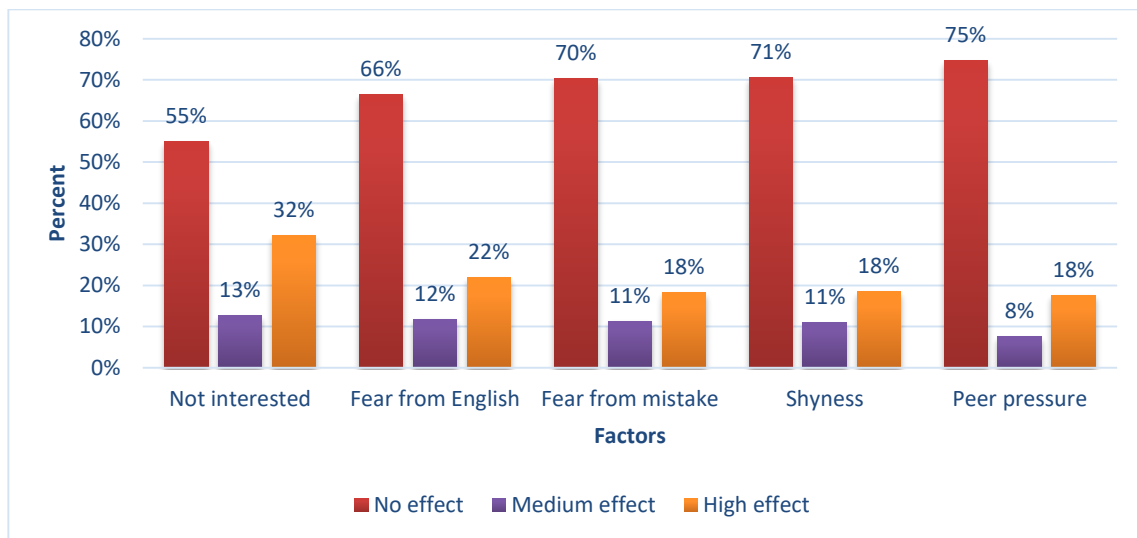


Figure 3: Frequency of factors affecting Tishk International University students' participation

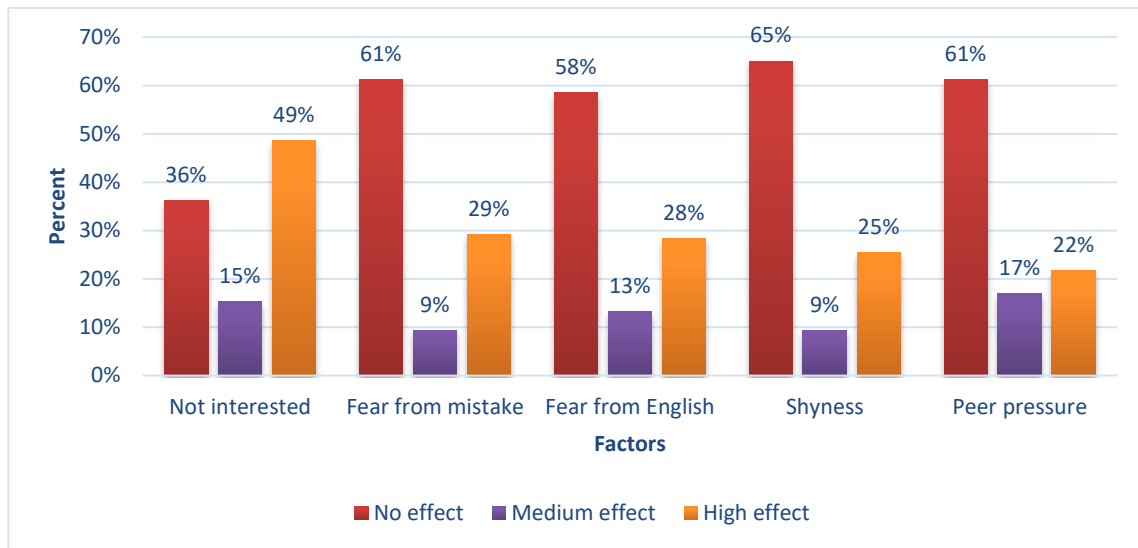


Figure 4: Frequency of factors affecting Salahaddin university students' participation

6.3 Reasons for Less Students' Participation

Table 3 shows different causes for student participation in three different universities, as the results show, the commonest reason why students participate is for more understanding the lecture 36.5%, followed by, for getting marks, getting more information, show off and other causes, with the frequency of 30.2%, 17.8%, 8.1%, 7.3% respectively. Unlike other two universities, in HMU the commonest cause of participation is earning mark 34.2%, followed by other causes, understanding the lecture 30.8%, getting information 20%, showing off 10.0% and other causes 5%. There is no statistically significant difference between different causes among three university students, $p=0.636$.

Table 3: Reasons of participation in different universities

Variables	Causes of participation										p value
	Earn marks		Show off		Understand		Get info		Others		
	No.	%	No.	%	No.	%	No.	%	No.	%	
University											
HMU	41	34.2	12	10.0	37	30.8	24	20.0	6	5.0	0.636
Tishk	37	25.9	10	7.0	58	40.6	25	17.5	13	9.1	
Salahaddin	37	31.4	9	7.6	44	37.3	19	16.1	9	7.6	
Total	115	30.2	31	8.1	139	36.5	68	17.8	28	7.3	

7. Discussion

This quantitative research aimed to identify level of participation among undergraduate students and factors that may positively or negatively correlate with it. An interesting finding is that, overall, 66.5% or two-thirds of students, sometimes or participate once per one hour lecture. This finding is quite similar to that of a research conducted in the Midwest of USA, which suggests that an acceptable level of participation exists (Weaver, 2005). However, we suspect that students would be biased toward reporting that they participate more rather than less frequently, as stated by a research conducted in USA (Howard, 2000).

The results demonstrated the effect of many factors which influence student participation level, among the demographic factors, gender showed to have influence, as we found that, there is difference between the participation level of males and females, in which 73% of males were participating in contrast to 60% of females, the difference is also demonstrated by a study in USA which reveals higher level of participation among male students and states that this maybe because males report higher level of confidence, and are less likely to develop feelings of fear of peer disapproval and of professors' criticism than female students are (Howard, 2000). Other demographic factors like age, residency, marital status and having a part time job, were not significant and effective as we expected, this may be due to the limited number of married students or students who have job in relative to our large sample size.

Level of preparation before attending the lecture, as shown by our results, is the most important factor having influence on participation, in a way that 87.5% of those who are fully prepared, are participating in the lecture, while their participation rate decreases as the level of preparation decreases, in which, nearly half of those who are not preparing, are participating, this is because, students who don't prepare before the lecture don't feel comfortable engaging in discussion, and they have less information to share, this

effect is revealed by a study conducted in USA, which states that some students reported not to be participating in classes if they don't prepare on the subject matter prior to coming to the class (Howard, 2002).

Our study also demonstrated that sitting position in the class can have effect on students' participation, as those students who are sitting in the front and middle rows showed higher rate of participation than those who usually sit in the back rows, thus there is significant difference between the two. This result wasn't the same as finding a research conducted in Malaysia, which indicates that the students' sitting positions in their classroom, do not affect student participation so much. Whether they are sitting in front rows or at the back ones, these groups of active students still participate during the lecture actively (Abdulla, 2012).

The positive method of lecturers and ways or styles of teaching employed, are important motivating factors in order to stimulate the engagements of students' participation in the classroom. Another factor our results showed its effectiveness, is the lecturer effect and the role he/she plays in classroom, we observed that if a lecturer plays a good and a positive role in delivering the lecture and acts as a facilitator, his students will be encouraged to participate, as discovered through our results, three quarters of students whom their lecturers don't criticize them and have positive effect on participation, are participating. Vice versa those lecturers who play a negative role, only half of their students are participating. This finding also shown by a study conducted in Malaysia, which states that "a skilled instructors will employ the best method or style that will stimulate students to be responsive, not bored and idleness in the classroom" (Abdulla, 2012).

College matching students' interest and preference showed to be effective factor increasing participation rate, we found that 72.9% of those students whom their college matched their wishes, are frequently participating in the lectures, while 55.7% of those whose their collage did not match their interest are participating, this could be due to several reasons for instance, the students may be more interested in subject matters, study better and become more excited to their future achievements.

The results also showed that college evaluation based on students' class participation, has a positive influence and provokes students' participation during the lecture, as 72.9% of our samples, whom their college evaluate them based on their participation, are participating in the classes, while 60.8% of those students who are not evaluated based on their participation level are participating. A research conducted in USA shows similar finding and states that grading is an effective method that can be used to increase levels of participation, if participation has a positive impact on a students' grade, they are more likely to participate in classroom discussions (Fassinger, 2000).

Reading books frequently, appeared to be positively correlated with class participation, as 70% of those students who are frequent reader of books, report higher rate of participation, in contrast with those 59% students whom don't spend their free times with reading, which is around 59%, this is because, reading books, is a germane to the academic performance of the students, in consideration of having high content knowledge, therefore, score high achievement. Although our result wasn't too significant, as with increasing the number of books to more than 20 per year, the participation level has declined, which maybe because of some contradiction among some students who wrote an unrealistic number of reading books.

Based on students' perspective, there are some factors which contribute their effect on students' participation in their class, by analyzing them and comparing their effectiveness in different universities, we concluded that, generally those factors have a limited effect on student participation, but in other manner, being not interested in the lecture, is the first and most effective factor reducing participation level of students of the three universities(Tishk, Salahaddin and HMU), this may be due to that students see little value in the course and its contents, or it may be because that they are not motivated by the structure and allocation of rewards. HMU students have somewhat problem in participation, mostly due to their fear of doing mistakes in front of others, making it a second effective factor, followed by shyness and fear from English as a second language. In both Tishk and Salahaddin universities, same sequence of factors is seen, we can conclude that after being not interested in the lecture, fear from both English and doing mistakes in front of others are the second and third most effective factor preventing the students of both Colleges from participation. Peer pressure seems to have low effect on students' participation in all the three universities and affecting small numbers of students.

Another area of our research, we want to have an idea of what are the causes that make the students to take part and be active in a lecture or what are the aims behind students' participation, we found that 36.5% of them participate in order to understand the lecture more clearly, and this may be due to their sense of responsibility and their intention to be successful in their future career, 30.2% of students participate only for earning marks, and relatively, a small percentage of students 8%, participate only to show off and being known as a smart person. The strong point of this research is that little studies have been conducted to explore factors behind students' reluctance of classroom participation in our region; therefore, these results may add something new and help in some way for participation to be encouraged.

8. Conclusion

We concluded that students in our society are struggling with many problems preventing them from participation and contribution in discussions, as we found among all factors, the level of preparation the student does before the class session is the main factor affecting their participation regardless of their colleges and stages, followed by being not interested in college as well as the lecture, college curriculum, and the effect of lecturer.

9. Recommendations

To encourage students' participation, we recommend:

- Students to be prepared before the lecture whether fully or partially.
- Collage's evaluation system has to include grades based on students' participation.
- Lecturer has to take some actions to encourage and facilitate students' participation.
- Students have to improve their English language skills, in order to face no problem with expressing their ideas.

- Students should attempt to sit in the front or middle rows.
- Actions must be taken to eliminate the student's conflict between their wishes and the college they decide to study in.

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